



YSTWYTH EXPLORERS

Join us for a day of cycling and exploring the beautiful Ystwyth river as it winds its way towards the sea!

You'll get a chance to learn about the river and the animals that live in and along it, and discover the wonders of the wild Welsh countryside. Learn how to identify different trees and plants, build and sail your own boat, and have a go at our scavenger hunt. And when you've done all that, you'll be ready for a delicious home-made picnic in the woods.

The Ystwyth Trail connects the market town of Tregaron with seaside town Aberystwyth on the West Wales coast, and follows parts of the old Great Western Railway line. We'll pick you and your bike up in Aberystwyth, and take you to Trawscoed where we'll join the trail. We'll then follow the Ystwyth river as it winds its way back towards the sea.

We will be cycling some 8 miles along a mainly flat route that offers easy cycling for families. Children using their own bikes should be confident cyclists, but the route is also suitable for tag-alongs and trailers.

What's included:

- Transfer from Aberystwyth to start of ride
- Experienced guide
- Small groups (maximum of 8)
- Activities along the route

- Picnic lunch and refreshments
- Ystwyth Explorers badge and certificate
- Lots of fresh air and fun on and off the bike

TOUR SUMMARY

Duration: **1 day (9.30am – 3.00pm)**

Difficulty: **Easy**

Type of tour: **Family Cycling**

Suitable for children up to 11yrs (children under 8yrs must be accompanied by an adult).

Prices and dates:

Next date: 30 May 2018
(and every Wednesday during school holidays – extra dates on request)

Child £35, Adult £25
Family (2 adults/2 children) £100